



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Hywel Dda

University Health Board

Foundation Programme Year 1 & Year 2





GIG
CYMRU
NHS
WALES

Addysg a Gwellu Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Table of Contents

1. [Information about the location](#)
2. [General information about Glangwili Hospital](#)
3. [F1 Posts at Glangwili Hospital](#)
4. [F2 Posts at Glangwili Hospital](#)
5. [F1 Placement Details Glangwili Hospital](#)
6. [F2 Placement Details Glangwili Hospital](#)

Welcome to West Wales

West Wales provides a wonderful lifestyle opportunity, each of our major sites in Hywel Dda are in coastal areas with beautiful beaches and spectacular mountains within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality, famous for its outstanding natural beauty.

The Health Board serves a total population of around 385,615 throughout the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

Working at Hywel Dda

University Health Board

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

Knowledge and Library Services

Hywel Dda University Health Board Library & Knowledge Services offer a wide range of resources, both print and online, and services to all Health Board Staff, Trainees and Students on placement.

Each Library is managed by a qualified Librarian and our friendly and knowledgeable staff are here to support your information needs for patient care, education, quality improvement and research.





GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Carmarthen



Carmarthen is an attractive town set on the banks of the River Towy with stunning landscapes and scenery, nestled between Pembrokeshire and the Gower Peninsula. Explore the idyllic coastline of Carmarthen Bay in the west, the beautiful Brechfa Forest at the centre, and the mountains of Brecon Beacons National Park in the east. Discover historic towns such as Laugharne, which inspired the work of Welsh poet, Dylan Thomas and explore the beautiful National Botanic Garden of Wales.





Glangwili General Hospital, located in Carmarthen, is the largest of the four main hospitals in Hywel Dda University Health Board. The hospital provides emergency medicine, general surgery, trauma and orthopaedics and general medical services. Diagnostic and therapies, radiology, midwifery, woman and children's services are also available here.

Glangwili hospital also provides:

- A purpose-built Emergency Unit for emergency admissions.
- The Clinical Decisions Unit providing the highest standard of care for acutely sick patients
- A large modern Adult Critical Care Unit
- Stroke Unit with a dedicated stroke team
- Core cardiac services for the population of Carmarthenshire
- Gastrointestinal bleed services for the southern area of the University Health Board.

Transport Links

Carmarthen offers excellent transport links with close proximity to the M4. There are good road and rail links to Pembrokeshire in the west and Cardiff and England to the east. For LIFT posts, there is an element where you will need to attend clinics and GP placements in rural settings. Therefore, public transport maybe limited. Having access to a vehicle is an advantage.

Hospital Provided Accommodation

All Foundation Doctors in Wales are offered free hospital accommodation for the duration of their Foundation Year 1.

In the unlikely event that there is not accommodation available, you will be able to claim expenses for this period instead.

Below we have briefly outlined the accommodation that is available within this Health Board:

- The F1 doctor's accommodation is conveniently located on the Glangwili hospital site, in close proximity to the Medical Education Centre.
- All Foundation doctors have access to the Doctor's Mess which has Sky TV, Wifi, pool table and a kitchen area.
- Single rooms are provided, with some flats for married accommodation which may be available to rent, subject to availability.
- There is a carpark for residents' use on the hospital site.
- The Accommodation Officer is Anne Rice (anne.rice@wales.nhs.uk)



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Rotations – Master List

August 2022 to July 2023

The Programmes we have to offer are summarised below and detailed on the following pages. There are three vacancies per programme (A, B and C) which create the listed placements each in a different order.

F1 posts at Glangwili General Hospital

(Posts based in Prince Philip Hospital are marked with *)

Programme	Placement 1	Placement 2	Placement 3
FP15A	General Medicine / Gastroenterology*	Emergency Medicine	Rheumatology*
FP15B	Emergency Medicine	Rheumatology*	General Medicine / Gastroenterology*
FP15C	Rheumatology*	General Medicine / Gastroenterology*	Emergency Medicine
FP18A	General Medicine / Care of the Elderly*	Haematology	Emergency Medicine
FP18B	Emergency Medicine	General Medicine / Care of the Elderly*	Haematology
FP18C	Haematology	Emergency Medicine	General Medicine / Care of the Elderly*
FP19A	General Medicine / Diabetes	General Surgery	General Medicine / Cardiology
FP19B	General Medicine / Cardiology	General Medicine / Diabetes	General Surgery
FP19C	General Surgery	General Medicine / Cardiology	General Medicine / Diabetes
FP20A	General Medicine / Care of the Elderly	General Surgery	Emergency Medicine
FP20B	Emergency Medicine	General Medicine / Care of the Elderly	General Surgery
FP20C	General Surgery	Emergency Medicine	General Medicine / Care of the Elderly
FP21A	General Medicine / Respiratory	General Surgery	Anaesthetics
FP20B	Anaesthetics	General Medicine / Respiratory	General Surgery
FP20C	General Surgery	Anaesthetics	General Medicine / Respiratory



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

FP22A	General Medicine / Gastroenterology	General Surgery	ENT
FP22B	ENT	General Medicine / Gastroenterology	General Surgery
FP22C	General Surgery	ENT	General Medicine / Gastroenterology
FP23A	General Medicine / Respiratory*	General Surgery	Palliative Care / Haematology*
FP23B	Palliative Care / Haematology*	General Medicine / Respiratory*	General Surgery
FP23C	General Surgery	Palliative Care / Haematology*	General Medicine / Respiratory*
FP24A	Anaesthetics	General Medicine / Care of the Elderly	Obstetrics & Gynaecology
FP24B	Obstetrics & Gynaecology	Anaesthetics	General Medicine / Care of the Elderly
FP24C	General Medicine / Care of the Elderly	Obstetrics & Gynaecology	Anaesthetics
FP06A	Urology	General Medicine / Care of the Elderly*	General Medicine / Gastroenterology
FP06B	General Medicine / Gastroenterology	Urology	General Medicine / Care of the Elderly*
FP06C	General Medicine / Care of the Elderly*	General Medicine / Gastroenterology	Urology
LIFT FP115A	Urology	Comm Sexual & Reproductive Health	General Medicine / Respiratory
LIFT FP115B	Comm Sexual & Reproductive Health	General Medicine / Respiratory	Urology
LIFT FP115C	General Medicine / Respiratory	Urology	Comm Sexual & Reproductive Health



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

F2 posts at Glangwili General Hospital (highlighted in blue)

(Posts based in Prince Philip Hospital are marked with *)

(Posts based in Hafan Derwen are marked with **)

Programme	Placement 1	Placement 2	Placement 3
FP22A	General Medicine/ Respiratory*	General Practice	General Medicine/Care of the Elderly*
FP22B	General Medicine/Care of the Elderly*	General Medicine/ Respiratory*	General Practice
FP22C	General Practice	General Medicine/Care of the Elderly*	General Medicine/ Respiratory*
FP17A	Emergency Medicine	General Surgery	General Medicine/Care of the Elderly
FP17B	General Medicine/Care of the Elderly	Emergency Medicine	General Surgery
FP17C	General Surgery	General Medicine/Care of the Elderly	Emergency Medicine
FP123A	General Medicine/Cardiology*	ENT	General Practice
FP123B	General Practice	General Medicine/Cardiology*	ENT
FP123C	ENT	General Practice	General Medicine/Cardiology*
FP18A	General Medicine/ Gastroenterology*	Obstetrics & Gynaecology	ENT
FP18B	ENT	General Medicine/ Gastroenterology*	Obstetrics & Gynaecology
FP18C	Obstetrics & Gynaecology	ENT	General Medicine/ Gastroenterology*
FP21A	General Medicine/Diabetes*	General Medicine/ Care of the Elderly	Emergency Medicine
FP21B	Emergency Medicine	General Medicine/Diabetes*	General Medicine/ Care of the Elderly
FP21C	General Medicine/ Care of the Elderly	Emergency Medicine	General Medicine/Diabetes*



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

FP24A	ENT	General Medicine/Respiratory	Emergency Medicine
FP24B	Emergency Medicine	ENT	General Medicine/Respiratory
FP24C	General Medicine/Respiratory	Emergency Medicine	ENT
FP115A	General Medicine/ Gastroenterology	Haematology	Paediatrics
FP115B	Paediatrics	General Medicine/ Gastroenterology	Haematology
FP115C	Haematology	Paediatrics	General Medicine/ Gastroenterology
FP132A	Palliative Care/Haematology*	Trauma & Orthopaedics	Emergency Medicine
FP132B	Emergency Medicine	Palliative Care/Haematology*	Trauma & Orthopaedics
FP132C	Trauma & Orthopaedics	Emergency Medicine	Palliative Care/Haematology*
FP06A	Trauma & Orthopaedics	General Medicine/Diabetes	Emergency Medicine
FP06B	Emergency Medicine	Trauma & Orthopaedics	General Medicine/Diabetes
FP06C	General Medicine/Diabetes	Emergency Medicine	Trauma & Orthopaedics
FP15A	General Medicine/Cardiology	Urology	General Practice
FP15B	General Practice	General Medicine/Cardiology	Urology
FP15C	Urology	General Practice	General Medicine/Cardiology
FP19A	Radiology/Intensive Care Medicine	General Psychiatry**	Urology
FP19B	General Psychiatry**	Urology	Radiology/Intensive Care Medicine
FP19C	Urology	Radiology/Intensive Care Medicine	General Psychiatry**
FP016A	Paediatrics	General Practice	Acute Internal Medicine/Clinical Decisions Unit
FP016B	Acute Internal Medicine/Clinical Decisions Unit	Paediatrics	General Practice



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

FP016C	General Practice	Acute Internal Medicine/Clinical Decisions Unit	Paediatrics
FP020A	Urology	Cardiology	General Psychiatry**
FP020B	Cardiology	General Psychiatry**	Urology
FP020C	General Psychiatry**	Urology	Cardiology

Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and banding may be amended. Please see the Wales Foundation School website for confirmation of any changes to our Programmes.

The following posts are located at Glangwili Hospital, Carmarthen. Some rotations are at Prince Philip Hospital, Llanelli as indicated.

Placement Details F1

General Medicine / Gastroenterology	Prince Phillip Hospital, Llanelli
Programmes:	FP15A
Band 2B 50%	Rota is 1:26
<p>The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals.</p> <p>There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

trainees are expected to complete the attachment being competent in performing abdominal paracentesis.
Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.

Educational Meetings:	Daily Consultant Ward Rounds Weekly F1 Teaching Med Meeting Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Ian Rees

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP15B
Band 1A-50%	Rota is 1:3
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F1 teaching Emergency Department teaching – 3 hours Three hours bleep free teaching every Wednesday afternoon, 2pm – 5pm which usually consists of three one hour sessions covering the Emergency Medicine curriculum. Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors	Dr Nigel Waghorne

Rheumatology	Prince Philip Hospital, Llanelli
Programmes:	FP15C
Band 2B-50%	Rota is 1:26
This post will introduce the doctor to the full range of rheumatological disorders through attending 4 outpatient clinics per week, the rheumatology day unit and seeing ward referrals with one of the 3 rheumatology consultants. There will be the opportunity to develop specialty specific procedural skills such as therapeutic intramuscular, intra-articular injections, and soft tissue injections depending on the preference of the doctor.	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Blood results from clinics will be the responsibility of the doctor to check daily and any unexpected abnormal results can be discussed with the clinician who last saw the patient in clinic.

There will be time to become familiar with drug counselling and monitoring, pre-screening investigations for DMARDs and biologic therapies and to develop knowledge about chronic disease management. IT skills can be developed through the use of our electronic patient record and communication skills, by the doctor seeing patients in clinic and then presenting their findings to the consultant who will then see the patient with the doctor. There will be time during the week for a quality improvement activity, or case study to be done. There is an on call medical rota commitment and engagement with weekly junior doctor teaching, journal club and grand rounds will be encouraged.

Educational Meetings:	Weekly Journal Club F1 teaching Grand Round Bi-monthly Hospital Audit Meetings
Educational & Clinical Supervisors	Dr Jayne Evans

General Medicine / Care of the Elderly	Prince Phillip Hospital, Llanelli
Programmes:	FP18A
Band 2B 50%	Rota is 1:26
<p>Trainees will treat mainly unselected emergency Medical intake (no significant GI bleeds or Medical problems of pregnancy) with continuing care of the majority of patients seen. Daily continuing care of acute Medical patients and Stroke rehabilitation ward. 1:3 care of emergency Stroke patients cover (on rota) of rehabilitation ward.</p> <p>Trainees will develop necessary basic skills including history taking, examination, bedside practical procedures, and management of complexity, Stroke and special interest of movement disorders. A busy DGH GIM/COTE Foundation post allowing development of necessary basic skills including history taking, examination, bedside practical procedures, management of complexity, stroke and special interest.</p>	
Educational Meetings:	Daily Consultant Ward Rounds / Junior Doctors Ward Rounds Weekly Med Meeting FY1 Teaching Grand Round Department Teaching Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Granville Morris



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP18B
Band 1A – 50%	Rota is 1:3
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F1 teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly Simulation teaching
Educational & Clinical Supervisors	Dr Nigel Waghorne

Haematology	Glangwili General Hospital, Carmarthen
Programmes:	FP18C
Band 1B 40%	Rota is 1:22
The F1 doctor is part of a team which includes two consultant haematologist, an associate specialist, staff grade doctor, an F2 doctor and a haematology specialist nurse. Consultant led ward rounds occur every Monday and Thursday. The team also has responsibility for day care patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital. Procedures that can be learnt, other than the core competencies, include bone marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.	
Educational Meetings:	Weekly Medical meeting F1 teaching. Haematology teaching Every 2 months Audit meetings Audit and quality improvement projects are strongly encouraged and supported during this post.
Educational & Clinical Supervisors:	Dr Saran Nicholas



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine/Diabetes & Endocrinology	Glangwili General Hospital, Carmarthen
Programmes:	FP19A
Band 1B – 40%	On call 1:11
<p>The Department provides excellent training opportunities in General Medicine as well as Diabetes and Endocrinology.</p> <p>The Team comprises of 3 Consultants, 1 SpR, 1 IMT, 1 F2, 1F1, 1 Clinical Fellow and 4 Diabetes Specialist Nurses.</p> <p>The duties include management of inpatients, attendance at Consultant ward rounds (2-3 per week), completion of discharge summaries, teaching medical students as directed, attendance at clinical meetings and outpatient clinics.</p> <p>There will be clinical meetings in Diabetes and Endocrinology and in General Medicine.</p> <p>Foundation doctors are expected to present clinical cases and contribute to the journal club discussion. All team members are encouraged to undertake a Quality Improvement Project or audit during the attachment.</p> <p>The F1 will be trained in the management of acute presentations in Diabetes and Endocrinology during their ward experience. Experience in the management of diabetes and endocrine disorders will be gained in outpatient clinics. Experience in managing the acutely unwell patients will be gained when attending the daily consultant post-take ward rounds on the admission wards.</p> <p>The duties include :</p> <ul style="list-style-type: none"> • to clerk and initiate investigation and management of acute admissions, • to provide medical cover to the wards, to ensure the inpatients are reviewed daily, • to complete a comprehensive electronic discharge letter, • to attend Consultant / senior ward rounds, • to attend and participate in departmental meetings and to provide cross-cover for other medical teams if needed. <p>F1s are expected to be flexible in their working arrangements.</p> <p>F1 will be assisting with the management of inpatients and liaise with seniors. There is a daily Ward Round that the F1 needs to attend and a detailed list of the inpatients that has to be prepared before ward round.</p> <p>There will be exposure to a variety of outpatient clinics and if interested, to work with multidisciplinary members of the Diabetes and Endocrinology team including specialist nurses, dietitians, and podiatrists.</p>	
Educational Meetings:	<p>Daily Ward Rounds – Consultant Ward Round twice a week</p> <p>Weekly F1 Core Curriculum Teaching Medical Meeting</p>
Educational & Clinical Supervisors:	Dr Stamiatos Zouras



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine/Cardiology	Glangwili General Hospital, Carmarthen
Programmes:	FP19B
Band 1B – 40%	Rota is 1:11
<p>The F1 is an integral part of the Cardiology team in GGH, working with an F2, Clinical Fellow/IMT/ANP (2 posts) an SPR and a specialty doctor. The team is led by 4 cardiologists who provide daily input to the wards and CCU. The team look after 6 patients in CCU, 6 in the cardiac step-down unit and 10 on Towy Ward (with occasional outlying patients). The junior doctors are given the opportunity to spend time gaining experience in ECG interpretation, basic echocardiography, basic pacing and angiography. More senior doctors are trained in some of the advanced techniques and the junior doctors are encouraged to develop a better understanding of these.</p> <p>F1s take part in a 1:11 on-call rota where they will be on-call with either an F2/Clinical Fellow/IMT or a middle grade. A 'twilight' doctor helps in the evenings. There is also a night nurse practitioner on at night to support. There is a consultant presence from 8am-8pm Monday to Friday and for much of the weekend. There is always a consultant on-call from home who is available 24/7.</p> <p>The F1s are supported to attend educational events in the postgraduate department and are given careers advice and support from the consultants. They are also supported to fulfil the curriculum requirements.</p>	
Educational Meetings:	<p>Weekly</p> <p>F1 Teaching</p> <p>Medical Meeting with lunch</p> <p>Ward rounds</p>
Educational & Clinical Supervisors:	Dr Eiry Edmunds

General Surgery/ Upper GI	Glangwili General Hospital, Carmarthen
Programmes:	FP19C
Band **2B – 50%	Rota is 1:11
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.

Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings. Monthly Departmental M+M
Educational & Clinical Supervisors:	Mr Ken Harries

Specialty/Care of the Elderly Stroke/Parkinson's disease/Rehabilitation		Glangwili General Hospital, Carmarthen	
Programmes:		FP20A	
Band ** 1B - 40%		Rota is 1:22	
<p>This placement provides the trainee with an opportunity to learn the management of patients with acute stroke and their rehabilitation, the management of Parkinson's disease, learn the principles of rehabilitation, and develop experience in the management of acutely ill patients presenting as an emergency. The department encourages active MDT working, which allows the trainee to develop interpersonal relationships and be an effective team player. The department will provide opportunities for diagnostic procedures and audit. The Team eam consists of 1 middle grade, 3 SHO grade, 1XFY1 and 1XFY2. The main responsibility of Foundation doctors is in the wards. They attend ward rounds and complete jobs when ward round finishes. They also attend MDT meetings in the stroke and rehabilitation wards. The doctors spend 2 months of their rotation in the stroke ward and other 2 months in the rehabilitation ward.</p>			
Educational Meetings:		<p>Weekly F1 teaching</p> <p>Teaching takes place on Mondays ,Tuesdays (FY1) and Friday lunch times</p> <p>Teaching sessions are in addition to teaching during ward rounds and during post take rounds.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	<p>Juniors are encouraged to attend clinics (PD, TIA, General Medical and post stroke follow up) as observers which provide further learning opportunities.</p> <p>The juniors have the opportunity to observe and undertake routine procedures under supervision.</p> <p>The trainee also has the opportunity to take part in the departmental audit activity.</p>
Educational & Clinical Supervisors:	Dr Pagadala Sridhar

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP20B
Band 1A – 50%	Rota is 1:3
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	<p>Weekly F1 teaching Emergency Department teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors	Dr Nigel Waghorne

General Surgery/ Upper GI	Glangwili General Hospital, Carmarthen
Programmes:	FP20C
Band **2B – 50%	Rota is 1:11
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p> <p>Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in</i></p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings. Monthly Departmental M+M
Educational & Clinical Supervisors:	Mr Brendon O’Riordan

General Medicine/Respiratory		Glangwili General Hospital, Carmarthen
Programmes:	FP21A	
Band 1B – 40%	Rota is 1:22	
<p>Daily cover of 19 bedded Respiratory ward plus up to 5 patients in outlying buddy ward, working as part of a team of 1 F1, 1F2, 1 IMT, 1 Clinical fellow , 1 Specialty Doc and 2 SpR’s. 4 consultants.</p> <p>Attending and contributing to two consultant ward rounds per week and one Middle Grade ward round.</p> <p>Clerking and assessment of new patients coming to ward.</p> <p>Daily review of patients on the ward.</p> <p>Mini-clerking and preparation of day cases attending the ward for pleural clinic, CT guided biopsies and thoracoscopy.</p> <p>Involvement in weekly thoracoscopy list in rotation with other junior staff on team.</p> <p>Participation on Acute unselected medical take rota for GGH</p>		
Educational Meetings:	<p>Weekly</p> <p>F1 teaching</p> <p>Medical department meeting – lunch provided</p> <p>Resp Medicine teaching session – lunch provided</p> <p>On the Job learning from middle grades and consultants with opportunities for pleural aspiration, USS and Intercostal drain insertion.</p> <p>Opportunities to learn from specialist respiratory nurses, spirometry, NIV, Inhaler technique and selection.</p> <p>Opportunities to experience a wide range of respiratory medicine via ward and OPD and several sub-specialties such as TB, lung cancer, severe asthma, pleural disease, as well as</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	exposure to bronchoscopy including endobronchial ultrasound and thoracoscopy. Pulmonary Rehabilitation is also available on site.
Educational & Clinical Supervisors:	Dr Gareth Collier

Anaesthetics	Glangwili General Hospital, Carmarthen
Programmes:	FP21B
Band 1B – 40%	1:11
<p>During the 4 month placement you will gain daytime experience in both intensive care medicine and Anaesthesia alternating weeks with another Foundation trainee.</p> <p>Whilst on ICU you will be supervised by a consultant and 2 resident doctors. You will gain experience in dealing with critically ill patients from admission through to discharge. The daily routine starts with handover from the night team at 8am, Patient reviews, consultant ward round with presentation of findings, followed by ward jobs. Attendance at emergency calls and assessment of new admissions under supervision is encouraged. The working day finishes at 4pm.</p> <p>Theatre weeks will see you working under the supervision of a consultant or senior doctor providing anaesthesia for a wide range of surgeries and variety of patient groups including both adults and children. You will learn how to pre assess patients and work on the practical and theoretical skills required to induce and maintain anaesthesia. Working day 8am to 4pm.</p> <p>Out of hours work consists of Night shifts covering the Surgical F1 rota under the supervision of a surgical consultant and registrar.</p>	
Educational Meetings:	<p>Weekly</p> <p>F1 teaching</p> <p>Anaesthetic and Critical care teaching throughout the year.</p> <p>Attendance and presentation and the monthly audit/clinical governance meetings is expected.</p>
Educational & Clinical Supervisors:	Dr Anna Pisarczyk-Bathini



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Surgery/ Colo-Rectal	Glangwili General Hospital, Carmarthen
Programmes:	FP21C
Band **2B – 50%	1:11
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p> <p>Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings.</p> <p>Monthly Departmental M+M</p>
Educational & Clinical Supervisors:	Mr Usama Mohamed



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine / Gastroenterology	Glangwili General Hospital, Carmarthen
Programmes:	FP22A
Band 1B 40%	Rota 1:22
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p>	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Medical Meeting FY1 Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Dafydd Bowen

ENT	Glangwili General Hospital, Carmarthen
Programmes:	FP22B
Band 1B-40%.	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.

Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.

Educational Meetings:	<p>Weekly F1 Core Curriculum teaching.</p> <p>ENT Department teaching</p> <p>Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments.</p> <p>On-going educational support for doctors in their daily work.</p> <p>We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills.</p> <p>We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
-----------------------	--

Educational & Clinical Supervisors:	Mr Antony Howarth
-------------------------------------	-------------------

General Surgery/ Upper GI	Glangwili General Hospital, Carmarthen
Programmes:	FP22C
Band **2B – 50%	Rota 1:11
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

appropriate competencies and is encouraged to participate in Service Improvement Projects.

Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.

Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings. Monthly Departmental M+M
Educational & Clinical Supervisors:	Mr Mark Henwood

General Medicine / Respiratory	Prince Phillip Hospital, Llanelli
Programmes:	FP23A
Band 2B-50%	Rota is 1:26
The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics on Monday afternoons to have the opportunity to learn pleural aspiration and chest drain insertion skills	
Educational Meetings:	Daily Consultant Ward Rounds Weekly Med Meeting FY1 Teaching Grand Round Respiratory Department Teaching



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Mark Andrews

Haematology and Palliative Care	Prince Phillip Hospital, Llanelli
Programmes:	FP23B
Band 2B-50%	Rota is 1:26
<p>Haematology: The FY1 Doctor is part of a team which includes a Consultant Haematologist, and FY2 Doctor and a Haematology Specialist Nurse. Inpatients are seen daily on a Consultant led ward round. The team also has responsibility for day case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital.</p> <p>Palliative Care: The Palliative Care service includes a Consultant, Associate Specialist, Registrar and FY2 and has a 7 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients. There are excellent learning opportunities to gain the competencies necessary for the FY1 year. Procedures that can be learnt, other than the core competencies, include Bone Marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Medical Journal Club FY1 Teaching Grand Rounds Respiratory Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Rhian Fuge

General Surgery/ Colo Rectal	Glangwili General Hospital, Carmarthen
Programmes:	FP23C
Band **2B – 50%	Rota is 1:11
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.

Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.

Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings. Monthly Departmental M+M
Educational & Clinical Supervisors:	Mr Pawan Rao

Anaesthetics	Glangwili General Hospital, Carmarthen
Programmes:	FP24A
Band 1B – 40%	Rota is 1:11
<p>During the 4 month placement you will gain daytime experience in both intensive care medicine and Anaesthesia alternating weeks with another Foundation trainee.</p> <p>Whilst on ICU you will be supervised by a consultant and 2 resident doctors. You will gain experience in dealing with critically ill patients from admission through to discharge. The daily routine starts with handover from the night team at 8am, Patient reviews, consultant ward round with presentation of findings, followed by ward jobs. Attendance at emergency calls and assessment of new admissions under supervision is encouraged. The working day finishes at 4pm.</p> <p>Theatre weeks will see you working under the supervision of a consultant or senior doctor providing anaesthesia for a wide range of surgeries and variety of patient groups including both adults and children. You will learn how to pre assess patients and work on the practical</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

and theoretical skills required to induce and maintain anaesthesia. Working day 8am to 4pm.

Out of hours work consists of Night shifts covering the Surgical F1 rota under the supervision of a surgical consultant and registrar.

Educational Meetings:	Weekly F1 teaching Anaesthetic and Critical care teaching throughout the year. Attendance and presentation and the monthly audit/clinical governance meetings is expected.
Educational & Clinical Supervisors:	Dr Anna Pisarczyk-Bathini

Obstetrics & Gynaecology		Glangwili General Hospital, Carmarthen
Programmes:	FP24B	
Band 2B – 50%	Rota is 1 in 11	
<p>To join the busy team at the department of Obstetrics and Gynaecology where there are 3200 maternity delivery per annum and 6000-8000 gynae referrals. To participate in European time directive compliant rota of 1 in 11 at first on call level. There is plenty of opportunity to gain experience in both obstetric and gynae emergencies on the Labour Ward, Antenatal/ Post Natal Ward, Gynae Ward, elective caesarean list and elective gynae theatre. There is an opportunity to attend out-patient clinics of both obstetrics and gynae to develop clinical skills in the Specialty such as obtaining history, clinical examinations, interpreting results and to formulate management plans. There is also the chance to attend special interest clinics such as hysteroscopy, colposcopy, urodynamics, early pregnancy and antenatal day assessment unit depending on the availability. When Foundation Doctors are on call during the night are supported by the night Nurse Practitioners as well as direct Registrar supervision. Foundation Doctors attend the Ward round which are supervised by Senior team members. Also, they have an opportunity to attend the MDT meeting and Risk Management meetings.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>		
Educational Meetings:	<p>Weekly F1 teaching Weekly Department Teaching Labour Ward Forum. Monthly PROMPT training. Opportunities to present and participate it audits and other educational activities.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	Foundation Doctors are encouraged to get involved with medical student teaching.
Educational & Clinical Supervisors:	Dr Roopam Goel

General Medicine/Care of The Elderly	Glangwili General Hospital, Carmarthen
Programmes:	FP24C
Band 1B – 40%	Rota is 1:22
<p>Team consists of two Consultants supervising this post Dr N Coles- COTE with interest in Frailty and rehabilitation Dr A Gupta- main supervisor- COTE with interest in Osteoporosis and Orthogeriatrics</p> <p>Learning and practising Evidence Based Medicine in an acute District hospital at Glangwili, Carmarthen. Most of the acute specialities are based here, we work in a friendly environment with easily approachable specialists.</p> <p>Consultant GI Bleed rota here (out of all 4 hospitals in Hywel DDaUHB)</p> <p>There is an on call General Medical rota for acute medical admissions to hospital which includes all adult age group plus elderly patients</p> <p>Always supervised on call with Medical Registrar who is available on site 24 hours</p> <p>Experience of working at Clinical Decision Unit and Ambulatory care with other Acute Physicians when on call. Consultant Medicine is present onsite from 0800 to 2000 during weekdays</p> <p>Experience of patient management in Coronary Care Unit during on call.</p> <p>Doing ward rounds mainly 20 bed ward (Medicine and Frailty) during weekdays plus sometimes patients at outlier ward and ITU (joint care)</p> <p>Learning broad based acute and long term management of complex challenging / comorbidity/ complexity / polypharmacy / frailty / end of life care / DNAR issues / falls / consent / capacity issues / communication / team working / record keeping</p> <p>Common bedside procedures</p> <p>Discussions with families</p> <p>Liaising with other specialities/professionals</p> <p>Liaising and understanding Multidisciplinary working</p> <p>Complicated discharge issues</p> <p>Role of Day hospital and rehabilitation hospitals</p> <p>Checking and acting on abnormal blood and scan results</p> <p>Learning is based on Principles of GMC Good Medical Practice</p> <p>Supervised by GP trainee, Foundation 2 doctor and Middle Grade doctor</p> <p>Doing ward rounds is usually not alone and mostly supported by other team doctor(s)</p> <p>Doing Assessments (DOPS/mini-CEX, CBD)</p> <p>Participating in Quality Improvement program- encouraged to undertake a QI project/participate in monthly hospital Audit meeting/do mortality reviews of notes</p> <p>Attend and present at educational activities at the hospital</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Consultant is highly supportive for annual leave/study leave Excellent secretary – arranges lunches on Thursday and Friday many times sponsored by Pharma co with educational opportunity about their products and related science	
Educational Meetings:	Weekly F1 Core Curriculum teaching Postgraduate Monday lunchtime meeting with lunch Consultant and Middle Grade teaching during Ward Round Optional OPD clinic on General Medicine and osteoporosis Encouraged to publish/do research activities. (Consultant has several publications) Teaching and coaching at Clinical skills lab at Postgraduate centre Teaching and coaching towards MRCP examination
Educational & Clinical Supervisors:	Dr Abhaya Gupta

Urology	Glangwili Hospital, Carmarthen
Programmes:	FP06A
Banding: 1B – 40%	
<p>Description of placement:</p> <ul style="list-style-type: none"> • Ward rounds and presentation of new admissions • Clerking of acute and elective cases • Discharge summary letters • Attendance for catheterisation clinics <p>Daily ward rounds provide F1s with excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F1 is expected to perform male and female catheterisations, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision.</p> <p>F1 doctors are also encouraged to attend theatre, day surgery units and MDT discussions to experience continuity of care.</p> <p>Foundation doctors have regular core clinical teaching mid-day. Clinical skills teaching and simulation.</p> <p>Ward work</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Educational Meetings:	Daily: Ward rounds Weekly: F1 teaching Regular core clinical teaching
Educational & Clinical Supervisors:	Mr Mahmood Shafi

General Medicine / Gastroenterology		Glangwili General Hospital, Carmarthen
Programmes:	FP06B	
Band 1B 40%	Rota 1:22	
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p>		
Educational Meetings:	Daily Ward Rounds Weekly Medical Meeting FY1 Teaching Monthly Whole Hospital Audit Meetings held regularly	
Educational & Clinical Supervisors:	Dr Dafydd Bowen	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine/Care of the Elderly		Prince Philip Hospital, Llanelli
Programmes:	FP06C	
Band 2B – 50%	1:26	
<p>Caring for in-patients under the team on our 2 wards (ward 1 and ward 9) plus any outliers from on-calls. These patients are under the care of 2 Consultants (Drs Haden and Sheehan)</p> <p>There are some opportunities for clinic attendance as well as experiencing out community care home project work depending on in-patient workload</p>		
Educational Meetings:	The hospital has a popular educational programme including F1 teaching, journal club, grand rounds and a weekly geriatrics meeting where juniors undertake a short (10 minute) presentation on an interesting topic.	
Educational & Clinical Supervisors	Dr Andrew Haden	

Urology LIFT	Glangwili General Hospital, Carmarthen
Programmes:	FP115A
Band: Unbanded	Rota is Mon-Thurs *Friday in SDEC
<p>Ward rounds and presentation of new admissions</p> <p>Clerking of acute and elective cases</p> <p>Discharge summary letters</p> <p>Ward work</p> <p>Friday: General Practice experience</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly F1 teaching</p> <p>Daily ward rounds give excellent opportunity to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases.</p> <p>F1 is expected to perform as many male and female catheterisations on the ward and by attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision.</p> <p>F1 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care.</p>



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Educational & Clinical Supervisors:	Mr Mahmoud Shafii
-------------------------------------	-------------------

Community Sexual and Reproductive Health LIFT	Glangwili General Hospital, Carmarthen
Programmes:	FP115B
Band: Unbanded	<i>No on-call, all work within 9-5pm *Friday in Palliative Care</i>
<p>Sexual and Reproductive Healthcare follows a 'life-course' model of health that does not only cover the provision of contraception and the prevention and treatment of sexually transmitted infections. It includes supporting sexual well-being, no matter an individual's background or sexual orientation, and includes the planning of families.</p> <p>Hywel Dda Sexual Health services are provided across three counties from a number of community and hospital sites. Following CV-19 we have also introduced a telephone triage system and new technology to support video consultation.</p> <p>You will have an opportunity to shadow within a variety of clinics (ie. contraception, sexual health, psycho-sexual, abortion services) both face-to-face and using VC/telephone, developing the key skills in sexual history taking and examination. There is a structured training plan throughout the placement with weekly tutorials and protected time for your own self-directed learning.</p>	
Educational Meetings:	<p>Weekly F1 Teaching</p> <p>Every Tuesday afternoon there is designated Educational opportunities within the department (clinics closed for the afternoon). F1 will be encouraged to participate and attend all in-house training.</p> <p>We also have a designated timetable of tutorials for the F1 which is a combination of self-directed and small tutorials (socially distanced or Microsoft Teams) covering essential aspects of SRH and which is accompanied by a log-book the F1 will complete during their post.</p>
Educational & Clinical Supervisors:	Dr Adam Tyler



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine/ Respiratory LIFT		Glangwili General Hospital, Carmarthen
Programmes:	FP115C	
Band 1B – 40%	Rota is 1:6 *Wednesday in General Practice	
<p>Daily cover of 19 bedded Respiratory ward plus up to 5 patients in outlying buddy ward, working as part of a team of 1 F1, 1F2, 1 IMT, 1 Clinical fellow , 1 Specialty Doc and 2 SpR's. 4 consultants.</p> <p>Attending and contributing to two consultant ward rounds per week, one Middle Grade ward round.</p> <p>Clerking and assessment of new patients coming to ward.</p> <p>Daily review of patients on the ward.</p> <p>Mini-clerking and preparation of day cases attending the ward for pleural clinic, CT guided biopsies and thoracoscopy.</p> <p>Involvement in weekly thoracoscopy list in rotation with other junior staff on team.</p> <p>Participation on Acute unselected medical take rota for GGH</p>		
Educational Meetings:	<p>Weekly F1 teaching</p> <p>Weekly Medical dept meeting – lunch provided</p> <p>Resp Medicine teaching session – lunch provided</p> <p>On the Job learning from middle grades and consultants with opportunities for pleural aspiration, USS and Intercostal drain insertion.</p> <p>Opportunities to learn from specialist respiratory nurses, spirometry, NIV, Inhaler technique and selection.</p> <p>Opportunities to experience a wide range of respiratory medicine via ward and OPD and several sub-specialties such as TB, lung cancer, severe asthma, pleural disease, as well as exposure to bronchoscopy including endobronchial ultrasound and thoracoscopy. Pulmonary Rehabilitation is also available on site.</p> <p>Fridays: General Practice experience</p>	
Educational & Clinical Supervisors:	Dr Leanne Griffin	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Same Day Emergency Care	Glangwili General Hospital, Carmarthen
Programme:	FP115A
Unbanded. ** Trainees work on Fridays in SDEC	
LIFT Element: The F1 will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.	
Educational & Clinical Supervisors:	Dr George Eltom

General Practice LIFT posts	Community
Programmes:	LIFT Programme FP115C
Unbanded. **Trainees work on Wednesdays in General Practice	
<p>The concept behind the LIFT programme for Foundation 1 trainees is to</p> <ul style="list-style-type: none"> • Be part of a primary care team for 1 day a week for the whole of their foundation Year 1. The remaining time of the week will be spent in a secondary care setting • Experience of wide ranging acute and chronic conditions which occur in the community and occasionally need referral to secondary care • Experience undifferentiated clinical conditions • Learn to deal with uncertainty in a supportive clinical environment • Have a GP educational supervisor for the whole year, with regular weekly teaching • Appreciate the complexity of primary care <p>LIFT training is NOT to train or produce General Practitioners, but to give support and encouragement of the LIFT trainee to develop generic skills and provide the confidence to competently deal with common clinical conditions.</p> <p>Foundation Year 1 trainees will have the opportunity to integrate their medical school learning within a primary and secondary care setting, with an educational supervisor (as a critical friend) encouraging the trainee with their professional development in a structured manner.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Educational Meetings:

Clinical activities that may be considered educational

- Time spent in activities relating to work-placed based assessment and supervised learning events.
- Time spent analysing video recordings of consultations, such as Mini-CEX exercises, case-based discussion (CBD) where time is set aside for this purpose.
- Participation in clinics run by other GPs – such as minor surgery lists, joint injections, chronic disease clinics (especially where direct supervision is required in the process to get formal verification of procedural competences).

Non-clinical activities suited to educational sessions

- Locally organised educational events, e.g. foundation-specific educational programme run by the deanery or trust, including "half-day release" or "day-release" sessions.
- Structured and planned educational activities, such as tutorials delivered in the GP practice.
- Primary care team meetings.
- Educational supervisor meetings and other educational reviews.
- Audit/QIP and research in general practice.
- Independent study.
- Case Based Discussions (CBDs) selected from outside the debrief time.
- Time spent with other professionals who have expertise in other matters that relate to aspect of healthcare and death administration, social workers and undertakers. Getting to know local healthcare professionals and helping the practice maintain links with the local community

Educational & Clinical Supervisors:	Dr Gareth Richards
-------------------------------------	--------------------

Palliative Care LIFT post

**Glangwili General Hospital,
Carmarthen**

Programmes:	FP115B
-------------	--------

Unbanded. **Trainees work on Fridays in Palliative Care

What the job involves:

Joining a diverse and enthusiastic MDT working in Glangwili Hospital supporting patients referred to the Specialist Palliative Care Team as part of the LIFT scheme. There will be opportunities to join our Consultant Ward Round, work with experienced Specialist Doctors and Clinical Nurse Specialists to provide clinical care whilst gaining expertise in symptom control, communication skills and managing uncertainty in clinical scenarios. Alongside this clinical commitment, there will be support for Clinical Audit and QIP projects within this evolving and supportive team.

Educational Meetings:	Weekly F1 teaching Weekly Medical department meeting – lunch provided
-----------------------	--



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Educational & Clinical Supervisors:	Dr Isobel Jackson
-------------------------------------	-------------------

Placement Details F2

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP17A
Band 1A – 50%	Rota is 1:5
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne

General Medicine/Care of The Elderly	Glangwili General Hospital, Carmarthen
Programmes:	FP17B
Band 2B – 50%	Rota is 1:22
<p><i>The Team consists of two Consultants supervising this post:</i> Dr N Coles- COTE with interest in Frailty and rehabilitation Dr A Gupta- main supervisor- COTE with interest in Osteoporosis and Orthogeriatrics</p> <p>Trainees in this post are bale to learn and practice Evidence Based Medicine in an acute District hospital at Glangwili, Carmarthen. Most of the acute specialities are based here. We work in a friendly environment with easily approachable specialists. The consultant GI Bleed rota is based here out of all 4 hospitals in Hywel DDaUHB. The on- call General Medical rota for acute medical admissions to hospital includes all adult age groups plus elderly patients.</p> <p>On calls are always supervised with a Medical Registrar available on site 24 hours/day. Foundation doctors gain experience of working in the Clinical Decision Unit and Ambulatory care with other Acute Physicians when on call. Consultant is present onsite from 0800 to 2000 during weekdays. Trainees also gain experience of patient management in the Coronary Care Unit during on call.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Foundation trainees also take part in:

Completing ward rounds with mainly 20 beds per ward (Medicine and Frailty) during weekdays plus on occasion looking after patients on outlier wards and ITU (joint care).
Learning broad based acute and long term management of complex challenging / comorbidity/ complexity / polypharmacy / frailty / end of life care / DNAR issues / falls / consent / capacity issues / communication / team working / record keeping
Common bedside procedures
Discussions with families
Liaising with other specialities/professionals
Liaising and understanding Multidisciplinary working
Complicated discharge issues
Role of Day hospital and rehabilitation hospitals
Checking and acting on abnormal blood and scan results
Learning is based on Principles of GMC Good Medical Practice
Supervised by GP trainee, Foundation 2 doctor and Middle Grade doctor
Doing ward rounds is usually not alone and mostly supported by other team doctor(s)
Doing Assessments (DOPS/mini-CEX, CBD)
Participating in Quality Improvement program- encouraged to undertake a QI project/participate in monthly hospital Audit meeting/do mortality reviews of notes
Attend and present at educational activities at the hospital
Consultant is highly supportive for annual leave/study leave
Excellent secretary – arranges lunches on Thursday and Friday many times sponsored by Pharma co with educational opportunity about their products and related science

Educational Meetings:	<p>Weekly F2 teaching and 1 F2 study day per rotation</p> <p>Weekly postgraduate Monday lunchtime meeting with lunch</p> <p>Consultant and Middle Grade teaching during Ward Round</p> <p>Optional OPD clinic on General Medicine and osteoporosis</p> <p>Encouraged to publish/do research activities. (Consultant has several publications)</p> <p>Teaching and coaching at Clinical skills lab at Postgraduate centre</p> <p>Teaching and coaching towards MRCP examination</p>
Educational & Clinical Supervisors:	Dr Abhaya Gupta

General Surgery/ Upper GI	Glangwili General Hospital, Carmarthen
Programmes:	FP17C



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Band 2B – 50%	Rota is 1:5
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p> <p>Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly</p> <p>F2 Teaching and 1 F2 study day per rotation</p> <p>Lunchtime Surgical teaching.</p> <p>Surgical MDT Wednesday mornings and Friday afternoons</p>
Educational & Clinical Supervisors:	Mr Ken Harries

General Medicine	Prince Philip Hospital, Llanelli
Programmes:	FP123A
Band 2B – 50%	Rota is 1:26
<ul style="list-style-type: none"> • Duties for this post include: • Support of day to day management of inpatients • Attending consultant ward rounds • Active participation in acute take • Managing acutely unwell patients • Arranging investigations and treatment under close supervision <p>Communicating with relatives for patients discharge planning</p>	
Educational Opportunities	<p>Daily</p> <p>Consultant Ward Rounds</p> <p>Weekly</p>



	Med Meeting F2 Teaching Grand Round Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors	TBC

General Practice/Llanelli	Avenue Villa, Llanelli
Programmes:	FP71B
Band 1B 40%	Rota is 1:7

Duties include primary care clinic based and procedure based where applicable such as patient assessment, review and management of both acute and long-term conditions.

Duties and activities suited to clinical sessions

1. Supervised or supported consultations within the practice, with a minimum appointment length of 15 and most commonly of 20 minutes for face-to-face consultations. There will be adequate time provided for at the end of any consulting period to allow a trainee to debrief with the supervising GP.
2. Supervised or supported home visits, nursing home visits, community hospital duties including time for debriefing, and travelling.
3. Administrative work that directly and indirectly supports clinical care, which includes reviewing investigations and results, writing referral letters, acting upon clinical letters, preparing reports, general administration.
4. Time spent with other members of the practice and healthcare team for the purposes of care and learning e.g. practice nurses, community nurses, nurses with a role in chronic disease management, receptionists, triage nurses, etc.
5. Time spent with other healthcare professionals who are encountered in primary care e.g. ambulance crews, school nurses, midwives, occupational therapists, physiotherapists, counsellors, to gain a necessary understanding of working relationships within primary care.
6. Time spent with dispensing and pharmacy professionals gaining experience in these areas, especially where a trainee might have duties that require training to be able to assist with dispensing duties, for example.

	Mon	Tues	Weds	Thurs	Fri
AM	SDL	Surgery	Surgery	Surgery	Surgery
Lunchtime		½ hour	½ hour	½ hour	½ hour
Lunchtime	MDT Meeting	House-calls / Review	House-calls / Review	Teaching PPH House-calls / Review	House-calls / Review
PM		Surgery	Surgery	Surgery	Surgery
	09.00 – 1.00	09.00 – 6.30	09.00 – 6.30	09.00 – 6.30	09.00 – 6.30



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

2. Time spent analysing video recordings of consultations, such as Mini-CEX exercises, where time is set aside for this purpose.
3. Time spent in specialist clinics; especially where these are arranged to gain exposure to patient groups and illnesses not covered elsewhere in a trainee's programme, e.g. family planning clinics, joint injection clinics.
4. Participation in clinics run by other GPs – such as minor surgery lists, especially where direct supervision is required in the process to get formal verification of procedural competences.

Non-clinical activities suited to educational sessions

1. Locally organised educational events, e.g. foundation-specific educational programme run by the deanery or trust, including "half-day release" or "day-release" sessions.
2. Structured and planned educational activities, such as tutorials delivered in the GP practice.
3. Primary care team meetings.
4. Educational supervisor meetings and other educational reviews.
5. Audit/QIP and research in general practice.
6. Independent study.
7. Case Based Discussions (CBDs) selected from outside the debrief time.
8. Commissioning services.
9. Time spent with other professionals who deliver services that are not considered part of general medical services, such as alternative and complementary therapists.
10. Time spent with other professionals who have expertise in other matters that relate to aspect of healthcare and death administration, social workers and undertakers. Getting to know local healthcare professionals and helping the practice maintain links with the local community

Educational & Clinical Supervisors:	Dr Bridget Gwynne
--	-------------------

General Medicine/ENT	Glangwili General Hospital, Carmarthen
Programmes:	FP123C
Band 2B – 50%	Rota is 1:5
The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends,	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

<p>with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching.</p> <p>F2 Study Days – 1 per rotation</p> <p>ENT Department teaching</p> <p>Teaching on ENT and urology emergencies at the start of placements to prepare for on-call commitments.</p> <p>On-going educational support for doctors in their daily work.</p> <p>Medical student teaching for students on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills.</p> <p>We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
Educational & Clinical Supervisors	Mr Antony Howarth

General Medicine/ Gastroenterology	Prince Philip Hospital, Llanelli
Programmes:	FP18A
Band 1B – 40%	Rota is 1:5
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.

Educational Meetings:	Daily Consultant Ward Rounds Weekly Medical Journal Club FY2 Teaching Grand Rounds Department Teaching Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days (1 per rotation)
Educational & Clinical Supervisors:	Dr Ian Rees

ENT	Glangwili General Hospital, Carmarthen
Programmes:	FP18B
Band 2B – 50%	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

<p>trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.</p>	
<p>Educational Meetings:</p>	<p>Weekly F1 Core Curriculum teaching. ENT Department teaching Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments. On-going educational support for doctors in their daily work. We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills. We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
<p>Educational & Clinical Supervisors</p>	<p>Mr Antony Howarth</p>

Obstetrics & Gynaecology		Glangwili General Hospital, Carmarthen
Programmes:	FP18C	
Band 2B – 50%	1 in 11 European time directive compliant Rota.	
<p>Foundation trainees are able to join the busy team at the department of Obstetrics and Gynaecology where there are 3200 maternity delivery per annum and 6000-8000 gynae referrals. There are also plenty of opportunities to gain experience in both obstetric and gynae emergencies on the Labour Ward, Antenatal/ Post Natal Ward, Gynae Ward, elective caesarean list and elective gynae theatre. There is an opportunity to attend out-patient clinics of both obstetrics and gynae and to develop clinical skills in the Specialty such as obtaining history, clinical examinations, interpreting results and to formulate management plans. There is also the chance to attend special interest clinics such as hysteroscopy, colposcopy, urodynamics, early pregnancy and antenatal day assessment unit depending on the availability.</p> <p>Foundation Doctors on call during the night are supported by the night Nurse Practitioners as well as direct Registrar supervision. Foundation Doctors attend the Ward round which are supervised by Senior team members. In addition, they have an opportunity to attend the MDT meeting and Risk Management meetings.</p>		



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	<p>The department has an excellent teaching environment with regular departmental teaching every Wednesday afternoon. There is an opportunity to do presentations and at the same time, participate in audits and other educational activities. Weekly F2 teaching and F2s are regularly released for their foundation study days (1 per rotation). The department has Medical Students both from Cardiff and Swansea, and Foundation Doctors are encouraged to get involved with their teaching. There is monthly PROMPT training and Foundation Doctors are given the chance to attend these as well.</p>
Educational & Clinical Supervisors:	Dr Islam Abdelrahman

General Medicine/Diabetes & Endocrinology	Prince Philip Hospital, Llanelli
Programmes:	FP21A
Band 2B-50%	Rota is 1:26
<p>The Team consists of 2 x SPR, 2 x SHO, 1 x FY2, and 1FY1. Juniors are expected to turn up a little earlier in turns (8.45 am) to update the list for ward round. The doctor who comes in at 0845 can leave at 16.45. Ward round usually starts at 9 am. All members of the team attend the ward round and try to complete urgent jobs as they go around and keep the board up to date with jobs for the nurses. Trainees then continue with jobs, chase results and review patients as required until 5pm. It is important to handover any urgent test results or unwell patients to evening SHO/SPR between 4.30pm - 5pm.</p> <p>It is expected at the beginning of the rotation or if possible before starting, to express any planned annual or study leave with the team and rota co-ordinator. This will be granted as per staffing levels.</p> <p>Audit and service development ideas are welcomed in addition to the journal club participation.</p> <p>There will be an opportunity to attend diabetes and endocrine outpatient clinics if interested. On-calls as per rota with senior supervision</p> <p>On-calls as per rota with senior supervision.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds / Junior Doctors Ward Rounds</p>



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	Weekly Med Meeting FY2 Teaching Grand Round Department Teaching Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days (1 per rotation)
Educational & Clinical Supervisors	Dr Akhila Mallipedhi

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP21B
Band 1A – 50%	Rota is 1:5
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne

Specialty/Care of the Elderly Stroke/Parkinson's disease/Rehabilitation	Glangwili General Hospital, Carmarthen
Programmes:	FP21C
Band 2B-50%	Rota is 1:22
<p>This placement provides the trainee with an opportunity to learn the management of patients with acute stroke and their rehabilitation and it allows the opportunity to learn the management of Parkinson's disease, learn the principles of rehabilitation, and develop experience in the management of acutely ill patients presenting as an emergency. The department encourages active MDT working, which allows the trainee to develop interpersonal relationships and be an effective team player. The department will provide opportunities for diagnostic procedures and audit.</p> <p>Team consists of 1 middle grade, 3 SHO grade, 1XFY1 and 1XFY2. Foundation doctors are expected to attend ward rounds and complete jobs when the ward round finishes. They</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

also attend MDT meetings in the stroke and rehabilitation wards. The doctors spend 2 months of their rotation in the stroke ward and other 2 months in the rehabilitation ward.

Educational Meetings:	<p>Weekly</p> <p>F2 Core Curriculum teaching</p> <p>Medical Meeting – Monday lunchtimes</p> <p>These teaching sessions are in addition to teaching during ward rounds and during post take rounds.</p> <p>The juniors are also encouraged to attend clinics (PD, TIA, General Medical and post stroke follow up) as observers which provide further learning opportunities.</p> <p>The juniors have the opportunity to observe and undertake routine procedures under supervision.</p> <p>The trainee also has the opportunity to take part in the departmental audit activity.</p>
-----------------------	--

Educational & Clinical Supervisors:	Dr Pagadala Sridhar
-------------------------------------	---------------------

ENT	Glangwili General Hospital, Carmarthen
Programmes:	FP24A
Band 2B – 50%	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.</p>	
Educational Meetings:	<p>Weekly F1 Core Curriculum teaching.</p> <p>ENT Department teaching</p>



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	<p>Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments. On-going educational support for doctors in their daily work. We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills.</p> <p>We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
Educational & Clinical Supervisors	Mr Antony Howarth

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP24B
Band 1A – 50%	Rota is 1:5
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching Emergency Department teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year</p>
Educational & Clinical Supervisors	Dr Nigel Waghorne

General Medicine/Respiratory	Glangwili General Hospital, Carmarthen
Programmes:	FP24C
Band 2B – 50%	Rota is 1:22
<p>Daily cover of 19 bedded Respiratory ward plus up to 5 patients in outlying buddy ward, working as part of a team of 1 F1, 1 F2, 1 IMT, 1 Clinical fellow, 1 Specialty Doc and 2 SpR's. 4 consultants. Attending and contributing to two consultant ward rounds per week, one Middle Grade ward round.</p> <p>Clerking and assessment of new patients coming to ward and daily review of patients on the ward.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

<p>Mini-clerking and preparation of day cases attending the ward for pleural clinic, CT guided biopsies and thoracoscopy.</p> <p>Involvement in weekly thoracoscopy list in rotation with other junior staff on team.</p> <p>Participation on Acute unselected medical take rota for GGH</p> <p>Annual and Study leave is arranged with the wider team to ensure adequate cover, discussed as soon as possible after rotating into the post and once agreed notified to secretary who keeps a wall planner of all staff leave.</p>	
<p>Educational Meetings:</p>	<p>Weekly F2 teaching and F2 study day x1 per rotation</p> <p>Medical dept meeting – lunch provided</p> <p>Resp Medicine teaching session – lunch provided</p> <p>On the Job learning from middle grades and consultants with opportunities for pleural aspiration, USS and Intercostal drain insertion.</p> <p>Opportunities to learn from specialist respiratory nurses, spirometry, NIV, Inhaler technique and selection.</p> <p>Opportunities to experience a wide range of respiratory medicine via ward and OPD and several sub-specialties such as TB, lung cancer, severe asthma, pleural disease, as well as exposure to bronchoscopy including endobronchial ultrasound and thoracoscopy. Pulmonary Rehabilitation is also available on site.</p>
<p>Educational & Clinical Supervisors:</p>	<p>Dr Leanne Griffin</p>

General Medicine / Gastroenterology	Glangwili General Hospital, Carmarthen
Programmes:	FP115A
Band 2B-50%	Rota is 1:22
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as in-patients including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities, in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in GGH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. The junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.

Educational Meetings:

Daily Consultant Ward Rounds

Weekly

F1 Teaching

Medical Meeting

Monthly Whole Hospital Audit Meetings held regularly

Educational & Clinical Supervisors:

Dr Dafydd Bowen

Paediatrics

Glangwili General Hospital, Carmarthen

Programmes:

FP115B

Band 2B – 50%

Rota is 1:12

This post provides ample opportunity for trainees to gain the competencies necessary to complete FY2. In addition, there is the opportunity to gain experience in the management of critically unwell and injured children and young people, both in the emergency and elective setting. The duty rota is based on normal days, long days and nights in. Trainees are encouraged to attend many other clinical activities including CAMHS, Specialist ENT, Ophthalmology and tertiary clinics. Clinical and educational support is provided by the consultant paediatricians.

There is a 1 in 12 rota covering the paediatric assessment unit, the inpatient ward, Post-natal ward, baby checks, deliveries, SCBU and OPD.

We have 8 consultant paediatricians each with a specialist interest. We provide Level1 + neonatal care and have 4 HDU neonatal beds. We provide care for children and young people from 0-16 years of age and have POSCU (paediatric oncology) services. We also have 3 Paediatric HDU beds. Separate community paediatric clinics are covered by 3 consultants. We also provide experience in safe-guarding children. We regularly hold MRCPCH/DCH clinical examination with 2 consultants being college examiners. Of note, every year 1-2 junior doctors have been successful in obtaining run-through paediatric training.

Educational Meetings:

F2 weekly teaching and F2 study day x 1 per rotation

Paediatric Grand Round

SHO teaching presentation/Evidence based medicine

Weekly Open Forum teaching

Educational & Clinical Supervisors

Dr Atheer Abdulameer



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Haematology	Glangwili General Hospital, Carmarthen
Programmes:	FP115C
Band 2B – 50%	Rota is 1:22
The F2 doctor is part of a team which includes two consultant haematologist, associate specialist, staff grade doctor, an F1 doctor and a haematology specialist nurse. Consultant led ward rounds occur every Monday and Thursday. The team also has responsibility for day case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital.	
Educational Meetings:	There is protected teaching time to attend a weekly medical meeting and weekly F2 teaching. Audit meetings are held every 2 months. Audit and quality improvement projects are strongly encouraged and supported during this post. Procedures that can be learnt, other than the core competencies, include bone marrow biopsies, PICC and Hickman line removals. There are also opportunities to gain exposure to laboratory services including blood film and bone marrow reporting.
Educational & Clinical Supervisors:	Dr Saran Nicholas

Palliative Care/Haematology	Prince Philip Hospital, Llanelli
Programmes:	FP132A
Band 2B-50%	Rota is 1:7
The F2 doctor is part of a team which includes a consultant haematologist, an F1 doctor and a haematology specialist nurse. Inpatients are seen daily on a consultant led ward round. The team also has responsibility for day-case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital. Palliative Care: The palliative care service includes a consultant, associate specialist, registrar and F1 and has a 7 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients. There are excellent learning opportunities to gain the competencies necessary for the FY2 year. Procedures that can be learnt, other than the core competencies include bone marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.	
Educational Meetings:	Daily Ward Rounds Weekly Med Meeting FY2 Teaching Monthly Whole Hospital Audit Meetings held regularly



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	FY2 Curriculum Teaching days
Educational & Clinical Supervisors:	Dr Helen Fielding

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP132B
Band 1A – 50%	Rota is 1:5
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne

Trauma & Orthopaedics	Glangwili General Hospital, Carmarthen
Programmes:	FP132C
Band 1B – 40%	Rota is 1:11 on call days and night shifts. T&O only, no cross cover with other specialties
GGH is a busy district general hospital which admits general and specialty trauma from across the entire health board. 350-400 hip fractures are admitted per year. We are the designated trauma unit for Hywel Dda within the South Wales Major Trauma Network. There are 2 F2 doctors, 8 Trust grade core trainees, and a surgical scrub practitioner on the SHO level rota. There are 10 middle grade doctors, including 2 higher surgical trainees and 11 consultants undertaking a 1:8 on call. We also have 3 specialist trauma nurses and a consultant physician with an interest in Peri-operative care. We have strong links with Swansea and Cardiff universities and encourage involvement in research and quality improvement activities. Our department ensures appropriate clinical and educational supervision for all junior medical staff and this post prepares all junior doctors well for whichever training programme they wish to apply for.	
Educational Meetings:	Weekly F2 Core Curriculum teaching (1 hour) Monthly Whole Hospital Audit Meetings held regularly T&O Department meetings (4 hours) Department teaching (2 hours) F2 Study days (3 per year)



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Educational & Clinical Supervisors	Mr Steffan Bajada
------------------------------------	-------------------

Trauma & Orthopaedics	Glangwili General Hospital, Carmarthen
Programmes:	FP06A
Band 1B – 40%	Rota is 1:11 on call days and night shifts. T&O only, no cross cover with other specialties
<p>GGH is a busy district general hospital which admits general and specialty trauma from across the entire health board. 350-400 hip fractures are admitted per year. We are the designated trauma unit for Hywel Dda within the South Wales Major Trauma Network. There are 2 F2 doctors, 8 Trust grade core trainees, and a surgical scrub practitioner on the SHO level rota. There are 10 middle grade doctors, including 2 higher surgical trainees and 11 consultants undertaking a 1:8 on call. We also have 3 specialist trauma nurses and a consultant physician with an interest in Peri-operative care. We have strong links with Swansea and Cardiff universities and encourage involvement in research and quality improvement activities. Our department ensures appropriate clinical and educational supervision for all junior medical staff and this post prepares all junior doctors well for whichever training programme they wish to apply for.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching (1 hour)</p> <p>Monthly Whole Hospital Audit Meetings held regularly T&O Department meetings (4 hours) Department teaching (2 hours) F2 Study days (3 per year)</p>
Educational & Clinical Supervisors	Mr Owain Ennis

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP06B
Band 1A – 50%	Rota is 1:5
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching Emergency Department teaching</p>



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne

General Medicine/Diabetes & Endocrinology	Glangwili General Hospital, Carmarthen
Programmes:	FP06C
Band 2B – 50%	Rota is 1:11
<p>The Department provides excellent training opportunities in General Medicine as well as Diabetes and Endocrinology.</p> <p>Team comprises of 3 Consultants, 1 SpR, 1 IMT, 1 F2, 1F1, 1 Clinical Fellow.</p> <p>4 Diabetes Specialist Nurses.</p> <p>The duties include management of inpatients, attendance at Consultant ward rounds (2-3 per week), completion of discharge summaries, teaching medical students as directed, attendance at clinical meetings and outpatient clinics.</p> <p>There will be clinical meetings in Diabetes and Endocrinology and in General Medicine. Foundation doctors are expected to present clinical cases and contribute to the journal club discussion. All team members are encouraged to undertake a Quality Improvement Project or audit during the attachment.</p> <p>The F2 will be trained in the management of acute presentations in Diabetes and Endocrinology during their ward experience. Experience in the management of diabetes and endocrine disorders will be gained in outpatient clinics. Experience in managing the acutely unwell patients will be gained when attending the daily consultant post-take ward rounds on the admission wards.</p> <p>The duties include supervision and assisting the F1 in the day-to-day management of inpatients, liaison between the F1 and seniors. There is a daily Board Round that the F2 needs to attend and a detailed list of the inpatients that has to be prepared before ward round. There will be exposure to a variety of outpatient clinics and if interested, to work with multidisciplinary members of the Diabetes and Endocrinology team including specialist nurses, dietitians, and podiatrists.</p>	
Educational Meetings:	Daily Ward Rounds – Consultant Ward Round twice a week Weekly F2 Core Curriculum Teaching F2 study days (1 per rotation) Medical Meeting
Educational & Clinical Supervisors	Dr Stamiatos Zouras



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine/Cardiology	Glangwili General Hospital, Carmarthen
Programmes:	FP15A
Band 2B-50%	Rota is 1:11
<p>The F2 is an integral part of the Cardiology team in GGH, working with an F1, Clinical Fellow/IMT/ANP (2 posts) an SPR and a specialty doctor. The team is led by 4 cardiologists who provide daily input to the wards and CCU. The team look after 6 patients in CCU, 6 in the cardiac step-down unit and 10 on Towy Ward (with occasional outlying patients). The junior doctors are given the opportunity to spend time gaining experience in ECG interpretation, basic echocardiography, basic pacing and angiography. More senior doctors are trained in some of the advanced techniques and the junior doctors are encouraged to develop a better understanding of these.</p> <p>F2s take part in a 1:11 on-call rota where they will be on-call with either an F1 or F2 and a middle grade. A 'twilight' doctor helps in the evenings. There is also a night nurse practitioner on at night to support. There is a consultant presence from 8am-8pm Monday to Friday and for much of the weekend. There is always a consultant on-call from home who is available 24/7.</p> <p>The F2s are supported to attend educational events in the postgraduate department and are given careers advice and support from the consultants. They are also supported to fulfil the curriculum requirements.</p>	
Educational Meetings:	Weekly F2Teaching Medical Dept meeting F2 study days (1 per rotation)
Educational & Clinical Supervisors	Dr Eiry Edmunds

General Practice/Llanelli	Llwynhendy, Llanelli
Programmes:	FP15B
Band 1B 40%	rota is 1:7
<ul style="list-style-type: none"> Consulting with patients at the surgery site, home visiting and by telephone. Working with other members of the team including GP Registrars and Pharmacist Trainees. Engaging with the practice meetings (business, MDT, palliative care, Child protection etc). Engaging with prescribing systems including repeat prescribing and working with the Practice Pharmacist. Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup, with ample facilities for on-site learning and a dedicated training room with IT support. May involve on-site learning, attending in-house clinics, or hospital clinics or community services. It would be advantageous for applicants who apply to be able to drive and have a car. 	
Educational Meetings:	Daily



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	Surgery consultation Home Visits/Review Weekly FY2 Teaching MDT Meeting & Case Discussions Monthly Easy Access to Prince Phillip Hospital for dedicated teaching and training. FY2 Curriculum Teaching days
Educational & Clinical Supervisors:	Dr Rachel Devonald Dr Mark Darbyshire / Dr Helen Sykes - GP Trainers

Urology	Glangwili General Hospital, Carmarthen
Programmes:	FP15C
Band 1B – 40%	Rota is 1:5
<p>Daily ward rounds provide excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F2 doctor is expected to perform male and female catheterisations on the ward and when attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision. F2 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care. Foundation doctors have regular core clinical teaching mid-day.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	Weekly F2 teaching Departmental teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study days (1 per rotation)
Educational & Clinical Supervisors	Mr Mahmoud Shafii

Radiology/Intensive Care Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP19A
Band Unbanded	
Main duties of the post This is a shared placement where the F2 can have 2 months in intensive care and the 2nd two months in radiology or a weekly alternating rota between the two specialities (TBC).	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Duties in radiology will include attending medical emergencies in radiology participating in the vetting process scans requests and attend reporting sessions with radiology trainees and consultants.

Duties in intensive care includes attendance at morning handover, daily assessment of patients and presentation to consultant of the day. Completion of jobs generated during the ward round. Review of new referrals with appropriate support/supervision.

Attendance at MET calls alongside an airway trained colleague.

Learning opportunities

In intensive care, assessment and management of acutely ill adults who require High dependency or Intensive care. Practical procedures including arterial/central access and airway management. Interpretation of arterial blood gases and lab based results of the critically ill. Understanding of mechanical ventilation, sedation, vasopressor use and renal filtration.

In radiology there will be lots of learning opportunities through participation in the vetting process, attending the REALM, learning from discrepancies, weekly activity, attending reporting sessions and interacting with radiology trainees.

Typical working pattern

8-4 or 9-5 normal workday in intensive care and radiology respectively with EWTD compliant rota for long days/nights on ICU. No on calls in radiology.

Educational & Clinical Supervisors

Dr Anna Pisarczyk-Bathini

General Psychiatry

Cwm Seren Psychiatric Intensive Care Unit, Hafan Derwen, Carmarthen

Programmes:

FP19B

Band Unbanded

Main duties of the post:

- Clinical duties.
- General and Focused Psychiatric Histories : Assessing, via histories and Mental State examinations, patients with a wide range of mental illness presentations, emergency, acute and chronic, including Psychosis, Depression, Para-suicide and Risk to Others.
- Monitoring patients' progress: monitoring patients' Physical Health, Illness needs and treatment
- Participate in daily reviews of patients and main weekly ward rounds
- Assessment of capacity to consent to take medication
- Team working with nurses, doctors, occupational therapists, psychologists, care coordinators, pharmacists; to include Handover
- Teaching Medical students

Learning opportunities:

- Attendance at Balint Groups



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

- Post Graduate teaching programme for Psychiatry and other teaching organised by the Health Board
- Simulation training, including Mental Health scenarios and brief-and-debrief
- On call supervision

Typical Working Pattern:

- 9am to 5pm

Educational & Clinical Supervisors

Dr Wynne

Urology	Glangwili General Hospital, Carmarthen
Programmes:	FP19C
Band Unbanded	
<p>Daily ward rounds provide excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F2 doctor is expected to perform male and female catheterisations on the ward and when attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision.</p> <p>F2 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care. Foundation doctors have regular core clinical teaching mid-day.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly F2 teaching Departmental teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly F2 Study days (1 per rotation)</p>
Educational & Clinical Supervisors	Mr Mahmoud Shafii

Paediatrics	Glangwili General Hospital, Carmarthen
Programmes:	FP016A
Band 2B – 50%	Rota is 1:12
<p>This post provides ample opportunity for trainees to gain the competencies necessary to complete FY2. In addition, there is the opportunity to gain experience in the management of critically unwell and injured children and young people, both in the emergency and elective setting. The duty rota is based on normal days, long days and nights in. Trainees</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

are encouraged to attend many other clinical activities including CAMHS, Specialist ENT, Ophthalmology and tertiary clinics. Clinical and educational support is provided by the consultant paediatricians.

There is a 1 in 12 rota covering the paediatric assessment unit, the inpatient ward, Post-natal ward, baby checks, deliveries, SCBU and OPD.

We have 8 consultant paediatricians each with a specialist interest. We provide Level1 + neonatal care and have 4 HDU neonatal beds. We provide care for children and young people from 0-16 years of age and have POSCU (paediatric oncology) services. We also have 3 Paediatric HDU beds. Separate community paediatric clinics are covered by 3 consultants. We also provide experience in safe-guarding children. We regularly hold MRCPCH/DCH clinical examination with 2 consultants being college examiners. Of note, every year 1-2 junior doctors have been successful in obtaining run-through paediatric training.

Educational Meetings:	F2 weekly teaching and F2 study day x 1 per rotation Paediatric Grand Round SHO teaching presentation/Evidence based medicine Weekly Open Forum teaching
Educational & Clinical Supervisors	Dr Swe Lynn

Clinical Decisions Unit	Glangwili Hospital, Carmarthen
Programmes:	FP016B
2B-50%	
Brief description of duties and opportunities: Attend the daily Consultant Ward Rounds in CDU Attend the daily Board Rounds of the multidisciplinary team Request all required investigations and act on results promptly Refer patients to other specialities when advised by seniors	
Educational Meetings and teaching opportunities:	Daily Informal teachings during consultant ward rounds Performing procedures e.g LPs under supervision Weekly FY2 Teaching Medical Departmental meeting including Morbidity/Mortality meetings. Active participation by presenting cases when it's CDUs turn



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

	Monthly FY2 Curriculum Teaching days SDT
Educational & Clinical Supervisors:	Dr Saba Kebede

General Practice	Llanfair Surgery, Llandovery
Programmes:	FP016C
Band 1B 40%	rota is 1:7
<ul style="list-style-type: none"> Consulting with patients at the surgery site, home visiting and by telephone. Working with other members of the team including GP Registrars and Pharmacist Trainees. Engaging with the practice meetings (business, MDT, palliative care, Child protection etc). Engaging with prescribing systems including repeat prescribing and working with the Practice Pharmacist. Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup, with ample facilities for on-site learning and a dedicated training room with IT support. May involve on-site learning, attending in-house clinics, or hospital clinics or community services. It would be advantageous for applicants who apply to be able to drive and have a car. 	
Educational Meetings:	Daily Surgery consultation Home Visits/Review Weekly FY2 Teaching MDT Meeting & Case Discussions Monthly FY2 Curriculum Teaching days
Educational & Clinical Supervisors:	Dr Sarah Richards

Urology	Glangwili General Hospital, Carmarthen
Programmes:	FP020A
Band TBC	
<p>Daily ward rounds provide excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F2 doctor is expected to perform male and female catheterisations on the ward and when attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision. F2 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care. Foundation doctors have regular core clinical teaching mid-day.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	Weekly F2 teaching Departmental teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study days (1 per rotation)
Educational & Clinical Supervisors	Mr Mahmoud Shafii

General Medicine/Cardiology	Glangwili General Hospital, Carmarthen
Programmes:	FP020B
Band TBC	
<p>The F2 is an integral part of the Cardiology team in GGH, working with an F1, Clinical Fellow/IMT/ANP (2 posts) an SPR and a specialty doctor. The team is led by 4 cardiologists who provide daily input to the wards and CCU. The team look after 6 patients in CCU, 6 in the cardiac step-down unit and 10 on Towy Ward (with occasional outlying patients). The junior doctors are given the opportunity to spend time gaining experience in ECG interpretation, basic echocardiography, basic pacing and angiography. More senior doctors are trained in some of the advanced techniques and the junior doctors are encouraged to develop a better understanding of these.</p> <p>F2s take part in a 1:11 on-call rota where they will be on-call with either an F1 or F2 and a middle grade. A 'twilight' doctor helps in the evenings. There is also a night nurse practitioner on at night to support. There is a consultant presence from 8am-8pm Monday to Friday and for much of the weekend. There is always a consultant on-call from home who is available 24/7.</p> <p>The F2s are supported to attend educational events in the postgraduate department and are given careers advice and support from the consultants. They are also supported to fulfil the curriculum requirements.</p>	
Educational Meetings:	Weekly F2Teaching Medical Dept meeting F2 study days (1 per rotation)
Educational & Clinical Supervisors	Dr Eiry Edmunds



GIG
CYMRU
NHS
WALES

Addysg a Gwellu Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Psychiatry	Cwm Seren Psychiatric Intensive Care Unit, Hafan Derwen, Carmarthen
Programmes:	FP020C
Band TBC	
Main duties of the post: <ul style="list-style-type: none"> - Clinical duties. - General and Focused Psychiatric Histories : Assessing, via histories and Mental State examinations, patients with a wide range of mental illness presentations, emergency, acute and chronic, including Psychosis, Depression, Para-suicide and Risk to Others. - Monitoring patients' progress: monitoring patients' Physical Health, Illness needs and treatment - Participate in daily reviews of patients and main weekly ward rounds - Assessment of capacity to consent to take medication - Team working with nurses, doctors, occupational therapists, psychologists, care coordinators, pharmacists; to include Handover - Teaching Medical students 	
Learning opportunities: <ul style="list-style-type: none"> - Attendance at Balint Groups - Post Graduate teaching programme for Psychiatry and other teaching organised by the Health Board - Simulation training, including Mental Health scenarios and brief-and-debrief - On call supervision 	
Typical Working Pattern: <ul style="list-style-type: none"> - 9am to 5pm 	
Educational & Clinical Supervisors	Dr Wynne